



# How to lighten your Recycling Bin

Leaving packaging in the shop if allowed. e.g. shoe boxes.



To reduce weight ensure that used food containers are clean and dry

Choose goods in refillable packaging such as detergents & coffee

Look for goods with less packaging

Invest in a refillable water bottle, coffee cup & lunch box to reduce waste when you are on the move

Look out for compostable & recycling symbols on packaging



Find out more about the only material accepted in your recycling bin at [www.recyclelistireland.ie](http://www.recyclelistireland.ie)



Place a **NO JUNK MAIL** sticker on your letter box

# What can go in your Recycling Bin...

Always make sure all **materials are clean dry and loose** before putting them in the recycling bin

## PAPER

- Newspapers
- Magazines
- Junk mail
- Envelopes
- Paper
- Phone books
- Catalogues
- Tissue boxes
- Sugar bags
- Calendars
- Dairies
- Letters
- Computer paper
- Used beverage
- Juice cartons
- Milk cartons
- Egg boxes
- Holiday brochures
- Paper potato bags



## CARDBOARD

- Food boxes
- Packaging boxes
- Cereal boxes
- Kitchen towel tubes



## ALUMINIUM & STEEL CANS

- Drink cans
- Steel cans
- Pet food cans
- Food cans
- Biscuit tins
- Soup tins



## PLASTIC PACKAGING (PP)

- Yogurt containers
- Margarine tubs
- Rigid food packaging
- Liquid soap containers
- Fruit containers



## PLASTIC BOTTLES (PET 1)

- Mineral bottles
- Water bottles
- Mouthwash bottles
- Salad dressing bottles



## PLASTIC BOTTLES (HDPE2)

- Milk bottles
- Juice bottles
- Cosmetic bottles
- Shampoo bottles
- Household cleaning bottles
- Laundry detergent bottles
- Window cleaning bottles
- Bathroom bottles



# How to lighten your Brown Bin

Make sure fruit and veg is stored correctly so you get time to eat it.



Check the **use-by date** before purchasing to ensure you will have time to eat it before it goes out of date.



Keep all **dairy products** in the fridge to preserve them as long as possible.



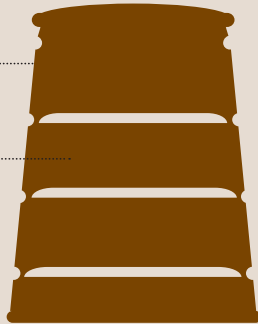
\*Use up **leftovers** to make another recipe, or as tomorrow's lunch!

A home garden composter is another way to get rid of garden waste, eggshells/boxes, fruit, vegetables & teabags. For more go to [www.stopfoodwaste.ie](http://www.stopfoodwaste.ie) or [www.brownbins.ie](http://www.brownbins.ie)

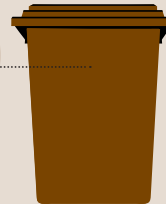
**\* Note:** Food safety guidance should be followed when storing and preparing food

When shopping try to make a **list** of what you need and stick to it!

**No dairy, bread or meat products** should go into your home garden composter.



Use newspapers to line your kitchen caddy or **compostable bin liners** which are widely available to buy (regular biodegradable bin bags are not suitable)



Use your **freezer** - its your ally in preventing food waste



# What can go in your **Brown Bin**...

If it once grew, it can go into the brown bin!

Bread & cereals



Coffee grounds & tea bags



Egg & dairy products



Dead flowers & plants



Meat, poultry



Wet cardboard  
Or paper



Fish, shellfish  
& bones



Paper towels & napkins



Plate scrapings  
& scraps



Fruit & vegetables



# How to lighten your **General Waste Bin**

Remove any water or liquid from the item so it is as light as possible.

Anything with a **plug** or **battery** can be recycled **FREE** at your local civic amenity site.

Keep glass **out** and bring it to your bottle bank.



Before you bin anything check to see if its **compostable** or **recyclable**. Check the list at [www.recyclinglistireland.ie](http://www.recyclinglistireland.ie) [www.brownbin.ie](http://www.brownbin.ie)

**Timber, Steel** and **old paint tins** are accepted at your local civic amenity site for a small fee.

**Old toys, clothes** and **unwanted furniture** could be given away to charity if they are in good condition or given away online through sites such as [www.freetradeireland.ie](http://www.freetradeireland.ie)

# What can go in your **General Waste Bin**...



# THINK BEFORE YOU THROW IT OUT!

## Before putting waste in any bin, can you...



### Fix it

Before you bin it, can you repair it?



### Flog it

Does it have value, if so can you sell it?  
[www.donedeal.ie](http://www.donedeal.ie)  
[www.ebay.com](http://www.ebay.com)  
[www.gumtree.ie](http://www.gumtree.ie)



### Donate it

Give reusable items to family & friends. You can also donate them to charity or place them on [www.freetradeireland.ie](http://www.freetradeireland.ie)

Visit the only Free Banks in the country!



Give old clothes a good home and recycle your glass at your nearest bring bank. It's FREE!



FreeTrade Ireland is a unique public service allowing you to pass on and pick-up items free of charge. [www.freetradeireland.ie](http://www.freetradeireland.ie)

Avoid wasting food!

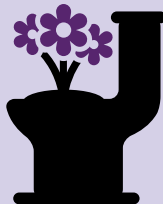


Prevent food waste by careful planning and cooking the correct amounts for you and your family. More info at [www.stopfoodwaste.ie](http://www.stopfoodwaste.ie)



### Blue box it

Keep an eye out for the blue battery box in all shops selling batteries.



### Upcycle it

Before you bin it, could it be used for something else?